

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
LEGEND: (L) Lobby (B) Bistro Dining Room (S) Silver Spoon Dining Room (2) 2 nd Floor Activity Room (A) Anywhere (F) First Floor Living Room (SR) Sensory Room (P) Patio	8:00 Breakfast Club (F) 1 10:00 Pinball (S) 11:00 Outdoor Walks Canada Day	8:00 Breakfast Club (F) 2 10:30 Rosary (S) 11:00 Test Your Strength (2) 2:00 Salad Club (S) 3:30 Match It (2) 6:00 Euchre (L)	8:00 Breakfast Club (F) 3 10:00 Strawberry Hulling (S) 11:00 Move and Groove (2) 12:00 Outdoor Barbeque 2:00 Strawberry Social (B) 3:30 Outdoor Walks 6:00 Bowling (L)	8:00 Breakfast Club (F) 4 9:45 On Your Toes (A) 1:30 Theraband Thursdays (2) 2:00 Roll & Rhyme (2) 3:30 Snoozelen Moments (SR) 6:00 Wheel of Fortune (L) Independence Day (US)	8:00 Breakfast Club (F) 5 11:00 Jitterbug Bounce (2) 12:00 Outdoor Barbeque with Music by Elvis Impersonator Harvey Laferriere 3:30 Cuddle Buddies (2) 6:00 Baking with Strawberries (S)	8:00 Breakfast Club (F) (F) 6 10:30 Parachuting (2) 2:00 Music with Dave Elder (B)
8:00 Breakfast Club (F) 7 10:00 Pet Therapy (A) 2:00 Movie (F)	8:00 Breakfast Club (F) 8 9:45 On Your Toes (A) 1:30 Outdoor Walks 1:30 Tai Chi (2) 3:30 Trivia (2) 6:00 CLR Game (2)	8:00 Breakfast Club (F) 9 10:00 Play it for Chocolate (S) 11:00 Test Your Strength (2) 2:00 Salad Club (S) 3:30 Pet Therapy with Nova (A) 6:00 Baking "Cupcakes" (S)	8:00 Breakfast Club (F) 10 10:00 Outdoor Walks 11:00 Move and Groove (2) 12:00 Outdoor Barbeque 1:30 My Wishes (A) 2:00 Cupcake Decorating (S) 3:00 Sunshine Visits (A) 3:30 Fold n' Tuck (2) 6:00 Outdoor Darts (2)	8:00 Breakfast Club (F) 11 9:45 On Your Toes (A) 1:30 Theraband Thursdays (2) 2:00 Birthday Party with Mike McAnany (B) 3:30 Music With Kevin (L) 6:00 Shuffleboard (P)	8:00 Breakfast Club (F) 12 9:30 Ottawa Area Outing 11:00 Jitterbug Bounce (2) 3:30 Over the Rainbow (2) 6:00 Manicures / Patio Social (P)	8:00 Breakfast Club (F) 13 10:30 Sandbags (2) 2:00 Bingo (S)
8:00 Breakfast Club (F) 14 10:00 Pet Therapy (A) 2:00 Ice Cream Social (A)	8:00 Breakfast Club (F) 15 9:45 On Your Toes (A) 1:30 Tai Chi (2) 1:30 Shopping Outing - Walmart 3:30 Sorting Through It (2) 6:00 Sing A Long (2)	8:00 Breakfast Club (F) 16 10:30 Rosary (S) 11:00 Test Your Strength (2) 2:00 Salad Club (S) 3:30 Trivia (P) 6:00 Loose Caboose Outing	8:00 Breakfast Club (F) 17 10:00 Outdoor Walks 11:00 Move and Groove (2) 12:00 Outdoor Barbeque 1:30 My Wishes (A) 2:00 Spiritual Corner (F) 3:30 Match It (2) 6:00 Outdoor Ring Toss (P)	8:00 Breakfast Club (F) 18 9:45 On Your Toes (A) 1:30 Theraband Thursdays (2) 2:00 Dice Baseball (2) 3:30 Fold n' Tuck (2) 6:30 Roadhouse Dancers (B)	8:00 Breakfast Club (F) 19 10:00 Games (L) 11:00 Jitterbug Bounce (2) 2:00 Baking (S) 3:30 Outdoors Walks 6:00 Snoozelen Moments (SR)	8:00 Breakfast Club (F) 20 10:30 Parachuting (2) 2:00 Bingo (S)
8:00 Breakfast Club (F) 21 10:00 Board Games / Cards (L) 2:00 Movie (F)	8:00 Breakfast Club (F) 22 9:45 On Your Toes (A) 1:30 Tai Chi (2) 2:00 Happy Hour With Good Tyme Country (B) 3:30 Round Table Reading (2) 6:00 Sandbags (L)	8:00 Breakfast Club (F) 23 10:00 Play it for Chocolate (S) 11:00 Test Your Strength (2) 2:00 Salad Club (S) 3:30 Fold & Tuck (2) 6:00 Euchre (L)	8:00 Breakfast Club (F) 24 10:00 Outdoor Walks 11:00 Move and Groove (2) 12:00 Outdoor Barbeque 1:30 Snoozelen Moments (SR) 2:00 Art Attack (2) 3:30 Sorting Through It (2) 6:00 Games (L)	8:00 Breakfast Club (F) 25 9:45 On Your Toes (A) 1:30 Theraband Thursdays (2) 2:00 Make Your Point Trivia (L) 3:30 Music with Kevin (L) 6:00 Ice Cream Social (P)	8:00 Breakfast Club (F) 26 10:30 Worship Service with Pastor Bates (S) 11:00 Jitterbug Bounce (2) 2:00 Super Quiz (L) 3:30 Play it for Chocolate (2) 6:00 Bowling (L)	8:00 Breakfast Club (F) 27 10:30 Pinball (S) 2:00 Bingo (S)
8:00 Breakfast Club (F) 28 10:00 Pet Therapy (A) 2:00 Ice Cream Social (A)	8:00 Breakfast Club (F) 29 9:45 On Your Toes (A) 1:30 Tai Chi (2) 2:00 Pet Therapy with Nova (A) 3:30 Outdoor Walks 6:00 Sing A Long (2)	9:30 Intergenerational Outing 30 11:00 Test Your Strength (2) 2:00 Salad Club (S) 3:30 Manicures (A) 6:00 Outdoor Darts (P)	8:00 Breakfast Club (F) 31 10:30 Outdoor Walks 11:00 Move and Groove (2) 12:00 Outdoor Barbeque 1:30 Chair Massage with Janet (SR) 2:00 Wii Games (L) 3:30 Match It (2) 6:00 Sandbags (L)			